Universal = light blue Targeted = dark blue Indicated= grey

CYP exhibiting emotional/ behavioural difficulties

CYP recently bereaved

Create plan if death is expected

Explore underlying factors:

- \Rightarrow Sensitively explore if a historic bereavement is a factor.
- ⇒ CYP may not make link with bereavement

Support CYP:

- ⇒ Encourage open, honest communication
- ⇒ Support CYP to cope with emotions
- ⇒ Provide details of online/ telephone support

Support family:

- ⇒ Support adults to help CYP manage grief
- ⇒ Provide details of adult support services
- ⇒ Signpost to Children's Centre if child under 5

Consider referral to bereavement support service:

- ⇒ Assess if CYP struggling to cope
- ⇒ Consider complexity/ significance of bereavement
- ⇒ Consider vulnerability of CYP/ family

Targeted bereavement services in Leeds:

- Child Bereavement UK (Leeds) provides information and support for CYP up to age 18, and their families, who are facing, or have experienced, the death of someone close to them.
- **OWLS Bereavement Service** for 4 to 11 year olds & families living in Leeds area. Provides practical and emotional family support, school support, peer support activity days and 1-to-1 therapy.
- The Market Place offers bereavement counselling for 11-19 year olds.
- St Gemma's Hospice support CYP up to 18 years old who have been bereaved as result of a long term condition.
- Martin House Children's Hospice support CYP who have lost a sibling from life limiting condition or unexpected death.
- Leeds Suicide Bereavement Service support families following a death believed to be by suicide.
- Schools offer a variety of support including SAD events and Seasons for Growth.

Consider longer term impact on mental health:

- ⇒ Refer to MindMate SPA if emotional health difficulties are emerging
- \Rightarrow Refer to be reavement support service if unresolved issues related to grief

Offer ongoing support:

- \Rightarrow Provide ongoing assessment
- ⇒ Support YP to remember person