

Targeted bereavement support for children/young people (CYP) in Leeds

Age of child:



Child Bereavement UK (Leeds) offer support for CYP who have lost a close family member. Tel: 0113 350 3598

Face-to-face support: For children and young people **up to the age of 18 and their families**.

Groups for families: Facilitated groups for bereaved families providing an opportunity for children and their adult carers to meet others and explore their feelings through creative activities.

OWLS Bereavement Service for 4 to 11 year olds & families. Tel: 0113 4333737. Provides family support, peer support activity days (designed to meet other children with a similar experience) and one-to-one Dramatherapy for children most affected by grief.

Groups for young people: Facilitated groups where **11-18-year-olds** work together to advise us on developing resources to help others.

The Market Place bereavement counselling for 11–19 year olds. Tel: 0113 246 1659. Up to 6 sessions with a counsellor who is trained and experienced in supporting young people who have experienced a bereavement or death of any kind. Includes activities such as creating memory boxes.

St Gemma's Hospice support **CYP up to 18 years old** who have been bereaved as result of a long term condition. Tel: 0113 218 5500. Offers individual or group support, such as memory days or fun events.

Martin House Children's Hospice support **CYP** who have lost a sibling (under 25 years old) from life limiting condition or unexpected death. Tel: 01937 845045. Offers therapeutic activities including family workshops and residential weekends. Referrals can be made up to two years after a child or young adult's death.

Leeds Suicide Bereavement Service support **families** following a death believed to be by suicide. Tel: 0113 3055803. Family support is flexible using a range of playful and creative ways to talk about death.

SAD Events is a 3 session solution focused intervention for **CYP aged 4-16** within some school settings. Available from 4 - 6 months after the death. Referral via pastoral staff to Cluster.

Seasons for Growth is an 8 week group programme focussing on loss & bereavement, available in some schools for **CYP aged 6 - 18**. Referral via pastoral staff to Cluster.

Children's Centres are able to help families to support a bereaved child **under 5 years old**. Contact Health Visitor or Children's Centre.

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