

**The following books cover the subject of death, loss, grief and bereavement and are all available through Leeds Libraries | September 2021**

### **For Children and Young People**

1. Abedi, Isabel | Farewell, Grandpa Elephant: a picture book story about death
2. Amos, Janine | Death
3. Brahmachari, Sita | Artichoke Hearts
4. Brown, Laurie Kra | When dinosaurs die: a guide to understanding death
5. Coelho, Joseph & Colpoys, Alison | If All the World Were...
6. Davis, Benji | Grandad's Island
7. Dieckmann, Sandra | Waiting for Wolf by Sandra
8. Donaldson, Julia & Cobb, Rebecca | The Paper Dolls
9. Edmondson, Adrian | Tilly and the Time Machine
10. Eland, Eva | When Sadness Comes to Call
11. Green, John | The Fault in our Stars
12. Jeffers, Oliver | The Heart and the Bottle
13. Kerr, Judith | Goodbye Mog
14. Ness, Patrick | A Monster Calls
15. Perkin, Jayne | Mum's Jumper
16. Rosen, Michael | Michael Rosen's sad book
17. Shi, Qian | The Weaver
18. Teckentrup, Britta | The Memory Tree
19. Varley, Suan | Badger's Parting Gifts
20. Wilson, Jacqueline | Clover Moon

### **Fiction**

1. Hermann, Judith | Alice
2. Hill, Susan | In the springtime of the year

3. Johnson, Milly | My One True North
4. Porter, Max | Grief is the thing with feathers
5. Tolstoy, Leo | Death of Ivan Ilyich
6. Zusak, Marcus | The Book Thief

### **Non-Fiction – Personal Experience**

1. Albom, Mitch | Tuesdays with Morrie
2. Auerbach, Susan | I'll write your name on every beach: a mother's quest for comfort, courage and clarity after suicide loss
3. Barnes, Julian | The Levels of Life
4. Brazier, Jeff | The grief survival guide: how to navigate loss and all that comes with it
5. Brownlee, Lucie | Life after you: a true story about love, loss and other disasters
6. Coutts, Marion | The Iceberg
7. Didion, Joan | Year of Magical Thinking
8. Edelman, Hope | Motherless daughters: the legacy of loss
9. Edelstein, Jean Hannah | This really isn't about you
10. Ferdinand, Rio | Thinking out loud: love, grief and being mum and dad
11. Gawande, Atul | Being Mortal
12. Geraghty, Anne | Death the last god
13. Gross, Gail | The only way out is through: a ten-step journey from grief to wholeness
14. Holloway, Richard | Waiting for the Last Bus
15. Hopkins, Suzy | What to do when I'm gone: a mother's wisdom to her daughter
16. Ironside, Virginia | You'll get over it: the rage of bereavement
17. Kalanthy, Paul | When Breath Becomes Air
18. Kuhl, David | What dying people want: practical wisdom for the end of life
19. Lewis, CS | A Grief Observed
20. Macdonald, Helen | H is for Hawk
21. Mannix, Dr Kathryn | With the end in mind

22. Mooney, Bel | Goodbye pet & see you in heaven
23. Morrison, Blake | And When Did You Last see Your Father?
24. Patel, Daxa M | My Dad and Me: A journey of loss, love and life
25. Paucsch, Randy | The Last Lecture
26. Rentzenbrink, Cathy | The Last Act of Love
27. Taylor, Cory | Dying, a Memoir
28. Toolis, Kevin | My Father's Wake
29. Wright, Elle | Ask Me His Name: Learning to live and laugh again after the loss of my baby
30. Wyatt, Karen M. | What really matters: 7 lessons for living from the stories of the dying
31. Zonnebelt Smeenge, Susan | Empty Chair: Handling Grief on Holidays and Special Occasions

### **Non-Fiction – Self-Help Guides**

1. Bastian, Edward W | Living Fully Dying Well: Reflecting on Death to Find Your Life's Meaning
2. Brent, Carolyn A | Why Wait? The Baby Boomers' Guide to Preparing Emotionally, Financially and Legally for a Parent's Death
3. Bridgewater, Peter | Mindfulness & the journey of bereavement: restoring hope after a death
4. Champ, Lianna | How to grieve like a champ
5. Charlton, Rodger | Primary palliative care: dying, death and bereavement in the community
6. Connor, Stephen R | Hospice and palliative care: the essential guide
7. Dancing Heart, Maria | The last adventure of life: sacred resources for living and dying from a hospice counsellor
8. Daniels, Sue Jayne | Little Book of Seeds: For Adults Affected by the Death of a Parent
9. Hebb, Michael | Let's talk about death (over dinner): an invitation and guide to life's most important conversation
10. Jacobs, Anna | Supporting Children through grief and loss
11. Jenkinson, Stephen | Die Wise: A Manifesto for Sanity and Soul

12. Jones, Sarah | Funerals Your Way: A Person Centred Approach to Planning a Funeral
13. Kingsley, Philip | Producing your own will
14. Kubler-Ross, Elisabeth | On grief and grieving: finding the meaning of grief through the five stages of loss
15. Lewis, Adrian | A guide to handling bereavement the easy way
16. Morris, Sue | An introduction to coping with grief
17. Morris, Sue | Overcoming grief: a self-help guide using cognitive behavioural techniques
18. Myers, Jo | Good to go: a guide to preparing for the end of life
19. Petch, Sally | Death matters
20. Rosenblatt, Paul C | Parent Grief: Narratives of Loss and Relationship
21. Rowe, Dorothy | The death of a child
22. Samuel, Julia | Grief works: stories of life, death and surviving
23. Simpson, Ray | Before we say goodbye: practical guidance, inspiring stories and prayers to help us prepare a good death
24. Stang, Heather | Mindfulness & grief: with guided meditations to calm your mind and restore your spirit
25. Thomas, Keri | Caring for the dying at home: companions on the journey
26. Tisdale, Sallie | Advice for the dying (and those who love them): a practical perspective on pages.
27. Zagdanski, Doris | Teenagers and grief