**1. We will have to talk about dying: COVID-19**

All clinicians, some working outside usual area.

- How can we do this with confidence and empathy?
- How do we have difficult conversations?
- Haven't done this often.
- ...and have to do on the front line!

**2. Why is this so hard?**

- I want to do my best.
- Death.
- Distressing.
- How do I even bring the subject up?
- Natural process of life cycle.
- Before time.
- Cycle of life:
  - Death.
  - Hope.
  - Be aware less.
  - Became unconscious.
  - Stay unconscious.
  - Became unconscious.
  - Breathing stops.

**3. Support + Preparation**

- You are not alone.
- We don't get it right every time.
- Take time to think about the things you are going to say.

**4. Redmap framework**

- CPR
  - We won't use machines that cause harm.
  - We won't press on your chest if you are stopping breathing.
- Listening
  - Power of silence
  - Leave space for questions.

- Power of silence
- Leave space for questions.

**5. Things you might say...**

- Sick enough to die.
- Be prepared; we are hoping to stabilise you but...
- I'm saying is hard to hear.
- Important to be honest with you.
- That didn't come out right.
- Can I start again?
- This is your final journey.
- Debrief with a colleague.