

The following books cover the subject of death, loss, grief and bereavement and are all available through Leeds Libraries | July 2019

## For Children and Young People

- 1. Abedi, Isabel | Farewell, Grandpa Elephant: a picture book story about death
- 2. Amos, Janine | Death
- 3. Brahmachari, Sita | Artichoke Hearts
- 4. Brown, Laurie Kra | When dinosaurs die: a guide to understanding death
- 5. Green, John | The Fault in our Stars
- 6. Ness, Patrick | A Monster Calls
- 7. Rosen, Michael | Michael Rosen's sad book
- 8. Wilson, Jacqueline | Clover Moon

## **Fiction**

- 1. Hermann, Judith | Alice
- 2. Hill, Susan | In the springtime of the year
- 3. Porter, Max | Grief is the thing with feathers
- 4. Tolstoy, Leo | Death of Ivan Ilyich
- 5. Zusak, Marcus | The Book Thief

## Non-Fiction - Personal Experience

- 1. Albom, Mitch | Tuesdays with Morrie
- 2. Auerbach, Susan | I'll write your name on every beach: a mother's quest for comfort, courage and clarity after suicide loss
- 3. Barnes, Julian | The Levels of Life
- 4. Brazier, Jeff | The grief survival guide: how to navigate loss and all that comes with it

- 5. Brownlee, Lucie | Life after you: a true story about love, loss and other disasters
- 6. Coutts, Marion | The Iceberg
- 7. Didion, Joan | Year of Magical Thinking
- 8. Edelman, Hope | Motherless daughters: the legacy of loss
- 9. Edelstein, Jean Hannah | This really isn't about you
- 10. Ferdinand, Rio | Thinking out loud: love, grief and being mum and dad
- 11. Gawande, Atul | Being Mortal
- 12. Geraghty, Anne | Death the last god
- 13. Gross, Gail | The only way out is through: a ten-step journey from grief to wholeness
- 14. Holloway, Richard | Waiting for the Last Bus
- 15. Hopkins, Suzy | What to do when I'm gone: a mother's wisdom to her daughter
- 16. Ironside, Virginia | You'll get over it: the rage of bereavement
- 17. Kalanthi, Paul | When Breath Becomes Air
- 18. Kuhl, David | What dying people want: practical wisdom for the end of life
- 19. Lewis, CS | A Grief Observed
- 20. Macdonald, Helen | H is for Hawk
- 21. Mannix, Dr Kathryn | With the end in mind
- 22. Mooney, Bel | Goodbye pet & see you in heaven
- 23. Morrison, Blake | And When Did You Last see Your Father?
- 24. Paucsch, Randy | The Last Lecture
- 25. Rentzenbrink, Cathy | The Last Act of Love
- 26. Taylor, Cory | Dying, a Memoir
- 27. Toolis, Kevin | My Father's Wake
- 28. Wright, Elle | Ask Me His Name: Learning to live and laugh again after the loss of my baby
- 29. Wyatt, Karen M. | What really matters: 7 lessons for living from the stories of the dying
- 30. Zonnebelt Smeenge, Susan | Empty Chair: Handling Grief on Holidays and Special Occasions

Leeds Bereavement Forum, 18a New Market Street, Leeds LS1 6DG | 0113 225 3975 info@lbforum.org.uk | lbforum.org.uk | @LeedsBForum | Registered Charity No. 1093311

## Non-Fiction - Self-Help Guides

- Bastian, Edward W | Living Fully Dying Well: Reflecting on Death to Find Your Life's Meaning
- 2. Brent, Carolyn A | Why Wait? The Baby Boomers' Guide to Preparing Emotionally, Financially and Legally for a Parent's Death
- 3. Bridgewater, Peter | Mindfulness & the journey of bereavement: restoring hope after a death
- 4. Champ, Lianna | How to grieve like a champ
- 5. Charlton, Rodger | Primary palliative care: dying, death and bereavement in the community
- 6. Connor, Stephen R | Hospice and palliative care: the essential guide
- 7. Dancing Heart, Maria | The last adventure of life: sacred resources for living and dying from a hospice counsellor
- 8. Daniels, Sue Jayne | Little Book of Seeds: For Adults Affected by the Death of a Parent
- 9. Hebb, Michael | Let's talk about death (over dinner): an invitation and guide to life's most important conversation
- 10. Jacobs, Anna | Supporting Children through grief and loss
- 11. Jenkinson, Stephen | Die Wise: A Manifesto for Sanity and Soul
- 12. Jones, Sarah | Funerals Your Way: A Person Centred Approach to Planning a Funeral
- 13. Kingsley, Philip | Producing your own will
- 14. Kubler-Ross, Elisabeth | On grief and grieving: finding the meaning of grief through the five stages of loss
- 15. Lewis, Adrian | A guide to handling bereavement the easy way
- 16. Morris, Sue | An introduction to coping with grief
- 17. Morris, Sue | Overcoming grief: a self-help guide using cognitive behavioural techniques
- 18. Myers, Jo | Good to go: a guide to preparing for the end of life
- 19. Petch, Sally | Death matters
- 20. Rosenblatt, Paul C | Parent Grief: Narratives of Loss and Relationship
- 21. Rowe, Dorothy | The death of a child

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- 22. Samuel, Julia | Grief works: stories of life, death and surviving
- 23. Simpson, Ray | Before we say goodbye: practical guidance, inspiring stories and prayers to help us prepare a good death
- 24. Stang, Heather | Mindfulness & grief: with guided meditations to calm your mind and restore your spirit
- 25. Thomas, Keri | Caring for the dying at home: companions on the journey
- 26. Tisdale, Sallie | Advice for the dying (and those who love them): a practical perspective on pages.
- 27. Zagdanski, Doris | Teenagers and grief